



'Messed Up In Memphis'

Choreographer: Dee Musk (UK) (May 2010)

Level: Intermediate - 64 Count 4 Wall - Country 2-Step – One Restart

Music: 'Messed Up In Memphis' by Darryl Worley - Bpm 160 (approx)

Intro: 64 Count Quick Beat – Start on Vocals - Approx 24 secs

SIDE TOUCH, TOUCH OUT TOUCH IN, SIDE TOUCH, TOUCH OUT TOUCH IN.

1-4 Step L to L side, touch R beside L, touch R to R side, touch R beside L.

5-8 Step R to R side, touch L beside R, touch L to L side,
touch L beside R. **(12 o'clock).**

SCISSOR CROSS HOLD, ROCK ¼ TURN L STEP HOLD.

1-4 Step L to L side, close R beside L, cross step L over R, hold count 4.

5-8 Rock R out to R side, recover making a ¼ turn L, step forward on R,
hold count 8. **(9 o'clock).**

FULL TRIPLE TURN R HOLD, STEP TOUCH STEP KICK.

1-4 Travelling forward make a triple turn R stepping L, R, L hold count 4.

(Easier Option shuffle forward stepping L,R,L hold count 4).

5-8 Step forward on R, touch L toe behind R, step back on L,
kick R forward. **(9 o'clock).**

BACK STEP LOCK STEP HOLD, ROCKING CHAIR.

1-4 Step back on R, cross step L over R, step back on R, hold count 4.

5-8 Rock back on L, recover weight to R, rock forward on L,
recover weight to R. **(9 o'clock).**

• **Restart here during wall 4, begin again facing 12 o'clock wall.**

SCISSOR CROSS HOLD, SIDE BEHIND ¼ TURN R HOLD.

1-4 Step L to L side, close R beside L, cross step L over R, hold count 4.

5-8 Step R to R side, cross step L behind R,
make a ¼ turn R stepping forward on R, hold count 8. **(12 o'clock).**

STEP ½ TURN STEP R HOLD, ½ TURN L TOUCH, ½ TURN L BRUSH.

1-4 Step forward on L, make a ½ turn R, step forward on L, hold count 4.

5-8 Make a ½ turn L stepping back on R, touch L toe beside R,
make a ½ turn L stepping forward on L, brush R forward, **(6 o'clock).**

MAMBO FORWARD HOLD, SAILOR ¼ TURN L HOLD.

1-4 Rock forward on R, recover weight to L, step back on R, hold count 4.

5-8 Make a sailor ¼ turn L cross stepping L behind R, step R to R side,
step forward on L, hold count 8. **(3 o'clock).**

Line Dance im HSV Tanzsport - Norderstedt

STEP ½ TURN STEP L, HOLD, ½ TURN R TOUCH, ½ TURN R BRUSH.

1-4 Step forward on R, make a ½ turn L, step forward on R, hold count 4.

5-8 Make a ½ turn R stepping back on L, touch R toe beside L,
make a ½ turn R stepping forward on R, brush L forward. **(9 o'clock).**

Restart

During wall 4,

dance up to and including section 4 then begin again facing the 12 o'clock wall.

Have Fun Luv Dee xx - 2.10.2010